

**St. Bede's Catholic Academy**  
**Green Lane**  
**Stockton-on-Tees**  
**TS19 ODW**

Dear Parent,

**Peat Rigg Visit:** 8<sup>th</sup>-10<sup>th</sup> February 2017

**Address:** Cropton, Pickering, North Yorkshire.

**Website:** <http://peatrigg.org/>

**Important times:** 8<sup>th</sup> February - be in school for 8.45am, 10<sup>th</sup> February - children to be collected at 3.10pm.

**What is the accommodation like?**

Peat Rigg has fantastic accommodation. Dormitories are warm and cosy. Most have en-suite facilities. Dorms accommodate 4 students and we will ensure that your child is sharing with a friend. The centre also has dining rooms, lounges and games rooms.

**Is it safe?**

Peat Rigg has an excellent safety record. This is due to experienced and qualified staff, good quality regularly tested equipment and rigorous safety procedures. They are also externally inspected by a range of agencies and hold the appropriate approvals.

**My child can't swim/Is afraid of heights**

We want everybody to achieve whilst they are at Peat Rigg. The staff will encourage but not force. Courses are progressive so that young people can build up the level of challenge during the week, and as this increases, so does their confidence and self-esteem.

**Should they bring mobiles, valuables, or sweets?**

At Peat Rigg there is no mobile reception, valuables can easily get lost in the outdoors, and they will be very well fed whilst they are there. We ask that children **do not** bring any valuables (mobile phones, etc.) with them.

**Do they need any money?**

There is a small gift shop at Peat Rigg. We would suggest a maximum of £10 per person. Children will be responsible for looking after their own money.

### **Will the children learn anything?**

Peat Rigg provides the opportunity to learn a range of values and behaviours. This could be teamwork and communication. It could be becoming more independent and resilient. In short all the real life skills that they will need for school, home, hobbies and the rest of life. They may even learn how to make their bed!

### **Food at Peat Rigg**

Peat Rigg prides itself on the quality of food that they provide. Everything is home-cooked, wholesome and nutritious. They are a working farm and much of the food is as fresh as it comes! They are very used to cooking for special dietary needs. The meals are designed for an active day to keep young people, and staff active and alert.

### **Can I contact them to check that they are alright?**

The best indication that they are having a wonderful time is that you don't hear from them. Parents, relations and friends are asked not to visit or try to phone the children while they are at the Centre except in exceptional circumstances. Parents who need to contact their children urgently should do so via school 01642 678071 or after hours at the centre itself (01751) 417112 when you will be able to speak to Miss Bostock.

### **Kit**

Attached to this letter is a list of the clothing and other kit which children are asked to bring with them for their stay. You are asked to stick as closely as possible to this list so that your child can be warm and comfortable during outdoor sessions. It would be helpful if parents could put nametags on their child's possessions and make a checklist of what they are bringing. There is a strong possibility we could have cold and wet weather so extra gloves, socks and hats are always useful in the event of the first set getting soaked and not drying in time for the next day.

The pastoral care of your child is under the direction of the party leaders appointed by your child's Head teacher, in this case Miss Bostock, Miss Cole, Mr Duffy and Miss Rookes. If you have any particular concerns, please feel free to come in and discuss these.

Yours Sincerely,

Miss Bostock

## KIT LIST

The courses at the centre involve a lot of time outdoors whatever the weather, and there is a likelihood of clothes getting wet. Old hard-wearing warm clothes are required.

<b>Clothing for activities</b>	<b>√</b>
<ul style="list-style-type: none"> <li>▪ 3 – 4 pairs of walking/thick socks</li> <li>▪ 2 – 3 long sleeved fleeces or sweaters</li> <li>▪ Gloves, hat and scarf</li> <li>▪ Swimming wear (useful under a wetsuit)</li> <li>▪ 3 – 4 warm shirts, T shirts or thermal tops</li> <li>▪ 2 pairs of trainers, 1 for normal use, 1 old pair for wet activities</li> <li>▪ 2 – 3 pairs of trousers, tracksuit bottoms are ideal (jeans are not suitable for activities)</li> <li>▪ Waterproof coat (and trousers if you have them)</li> </ul>	<input type="checkbox"/>
	<input type="checkbox"/>

<b>Other essentials</b>	<b>√</b>
<ul style="list-style-type: none"> <li>▪ Several changes of underwear</li> <li>▪ Socks (not for activities)</li> <li>▪ 2 good sized towels</li> <li>▪ Wash Kit</li> <li>▪ Tissues</li> <li>▪ Pyjamas or night clothes</li> <li>▪ Indoor shoes or slippers</li> </ul>	<input type="checkbox"/>
	<input type="checkbox"/>

<b>Other useful items</b>	<b>√</b>
<ul style="list-style-type: none"> <li>▪ Wellington boots</li> <li>▪ Books/Playing cards</li> <li>▪ Torch</li> <li>▪ Writing materials</li> <li>▪ Lypsil or lip salve</li> <li>▪ Bin liner for wet/smelly clothes</li> <li>▪ Spending money for gift shop (Max £10)</li> <li>▪ <b>A set of casual clothes for evening social after activities</b></li> </ul>	<input type="checkbox"/>
	<input type="checkbox"/>

### **Notes**

Students are asked to make sure that wherever possible their name is on their clothing and personal possessions.